

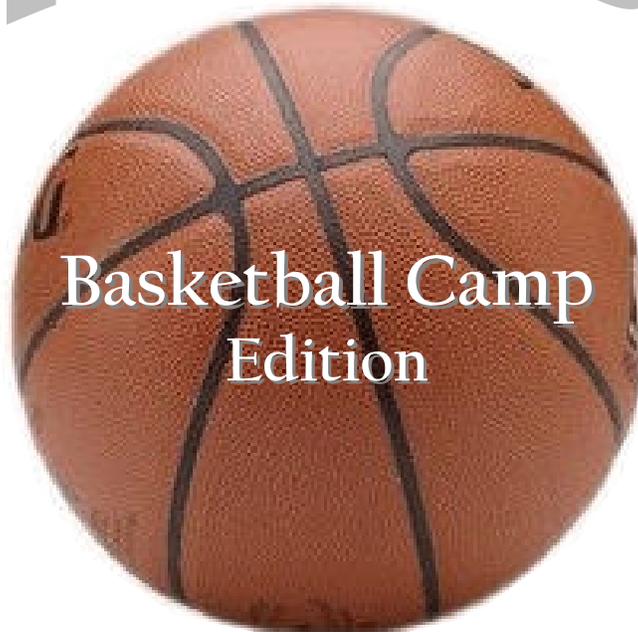


Honoring God

Sportsreach™

Building solid athletic skills and
strong Christian character!

Playbook

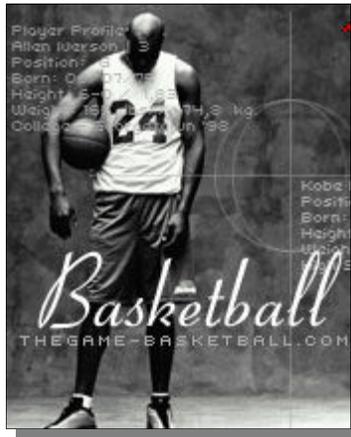


Basketball Camp
Edition

Child Evangelism Fellowship® Inc.

DURHAM AREA CHAPTER-NORTH CAROLINA
PO Box 1288 Durham, NC 27702-1288 919.682.7317

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Founded with a Purpose

Purpose

More Than Gold Sports Outreach™ was inspired and founded in 1996 with a simple, but profound purpose. That boys and girls need to develop physically, emotionally, mentally, and spiritually to be a complete person, student, and athlete. They need to know Jesus as their Savior and develop strong Christian character to lead clean and healthy lives; to discipline their minds to focus on academics; and to be winners in life.

Basic Objectives

1. Teach and evangelize with the Word of God.
2. Teach basic fundamental basketball and team play.
3. Introduce godly heroes from the Bible and life today.
4. Build solid basketball skills and strong Christian character.

Founder & Staff

John "doc" Blake, Founder of More Than Gold Sportsreach, Executive Director of Child Evangelism Fellowship® in Durham, North Carolina, former Sports Medicine Director, and Strength & Conditioning coach.

Larry Parrish, CEF Committee/Board, Sportsreach advisor, high school basketball coach with 500+ win career, and Founder/Director of Prep Stars Basketball Camps and School.

Robert Brickey, former All-ACC, team captain Duke University. Presently head coach at Shaw University, Raleigh, NC.

Tywan Lawrence, More Than Gold Sportsreach camp/clinic coordinator and middle school head coach.



Camp Features

Today's Heroes

Each day at camp thirty minutes is scheduled for an athlete, coach, or sports figure, which has a strong Christian testimony, to speak and demonstrate for the campers. A gospel invitation can be given during this segment as the Holy Spirit directs. All speakers should be prepared to hold the camper's attention for 15-20 minutes with 10 minutes of Q & A.

Cross Training

These sessions are usually held in the morning between fundamental stations. This allows for a break in the gym activities; and makes a strong statement that God's Word is of major importance. *Cross Training* sessions are thirty minutes with unlimited counseling time. Children 7-10 years of age are taught a Bible verse and lesson with a song by CEF approved workers. Youth 11-15 years of age meet separately and are taught the Bible by CEF and/or networking youth ministries. Flexibility and being sensitive to the Holy Spirit are necessary.

Special Contests

Fun contests using basketball skills are incorporated throughout the camp day to strengthen fundamental skills and keep the campers active on the gym floor. Suggested contests are as follows: *Knockout, Hot Shot, Buzzer Beater, Foul Shooting, and Rapid Shooting*. Court (age group) champions in each contest are awarded during the parent program on the last day of camp. Hustle & Word for the Day Awards are given at the end of camp each day.



Teachable moments abound on the court during camp

Christian Character Building

Staff are encouraged and expected to capture *teachable moments* on and off the court by modeling a real Christian lifestyle before the campers; and emphasizing biblical truths of integrity, honesty, compassion, hard work, etc.



Word for the Day

Based on Colossians 3:23

And whatever you do, do it heartily to the Lord and not to men.



Each "Word for the Day" is to be introduced to the staff during morning meeting/devotion times then presented to the campers at 8:00 am after stretch warm up segment, which is followed by prayer.

Review the Week of Words

Each following day, including the last day of camp, review each previous day's "word" by asking for examples of where and how campers and staff put the "Word for the Day" into practice.



Open-Air Skills Camp Schedule



Time	Session	Staff Responsible - Task
9:00 am	Staff Meeting	Commissioner
9:30 am	Camper Registration/Check-in	Volunteers/Coaches
10:00 am	Word for the Day	Orientation - Word & Prayer
10:15 am	Stretch/Warm-up	Commissioner
10:30 am	Fundamental Stations	Coaches/Assistants
10:45 am	Rapid Shooting Contest	Coaches/Assistants
11:00 am	Fundamental Stations	Coaches/Assistants
11:15 am	Buzzer Beater Contests	Coaches/Assistants
11:30 am	+BREAK+	Supervise group
11:40 am	Cross Training	Supervise group/center court
12:00 pm	Fundamental Stations	Coaches/Assistants
12:15 am	Knockout Contest	Coaches/Assistants
12:30 pm	Fundamental Stations	Coaches/Assistants
12:45 pm	Foul Shooting Contest	Coaches/Assistants
1:00 pm	Last Word/Hustle Awards	Commissioner
	Snacks/Lunch Bag - Drink	Volunteers/Coaches

Open-air 3-3 Camp

9:00 - 11:00 am	Same schedule as above	Skills Camp
11:00 am	Cross Training	Supervise group/center court
11:30 am	Snacks/Lunch Bag - Drink	Volunteers/Coaches
12:00 pm	3 on 3 Instructional Clinic	Commissioner
12:15 pm	3 on 3 Games	Coaches/Assistants
12:30 pm	3 on 3 Games	Coaches/Assistants
12:45 pm	+BREAK+	Supervise group
1:00 pm	3 on 3 Games	Coaches/Assistants
1:15 pm	3 on 3 Games	Coaches/Assistants
1:30 pm	Last Word/T-Shirts & Awards	Commissioner



Instruction Guide

Fundamentals

Shooting
Pivoting/Footwork
Setting Screens
Dribbling
Passing
Ball Handling
Rebounding/Boxing Out
Individual Offensive Moves:
Individual Defense



Special Contest

Knockout: campers in line, use only two basketballs, camper takes one free throw shot, if made go to back of line, if a missed follow with a lay up until made, if camper cannot make their shot before the camper behind them, they are 'knocked out' (last camper—winner)

Hot Shot: set up five spots on the court around the key and designate point values from 1-5 with a 5 being at the 3-point line, each camper has one minute to score points (highest pts.)

Buzzer Beater: divide campers to have 2 teams in line under a basket, have 30 seconds to allow as many campers as possible to dribble to the opposite basket, make a lay up and dribble back before buzzer sounds (team with most made baskets wins), switch sides, repeat

Foul Shooting: campers divided into (size/age) groups, 2 chances to make, last camper standing is winner, then compete before lunch against all winners at each basket

Shooting League: divide campers - 2 teams in line at corner of key at free throw line, shoot and retrieve on ball, conduct as relay, first team to score 5, 7, or 10 (age) baskets wins

3 on 3 Games

Team selections based on talent, size, age, sex, etc. Play on Mondays during afternoon games, competing for prize-award, use in team play for instruction or as another contest

5 on 5 Games

Team selections based on talent, size, age, sex, etc. Play on Tuesday thru end of camp, each team should play 2 games/afternoon, keep records, best two teams play in championship...



Certification of Coaches

“Rightly Dividing the Game, the Floor, and the Word”

Coaching Clinics

Court Vision

Rightly Divide the Floor: Balance

Rightly Divide the Game:

Fast Break & Half Court Offense

Command for Fast Break: GO

Command for Half Court Offense: SET

Pre-determined Fast Break option:

after a TO (turn over) & MFG
(missed field goal attempted)

Pre-determined Half Court Offense:

after a Made Field Goal (MFG)

Fast Break Terms & Teaching Recognition:

1 on 0 , 2 on 1, and 3 on 2

Half Court Offensive Terms & Teaching
Recognition:

Floor Balance & Proper Spacing: claiming 5
positions—point, 2 wings, & 2 posts

Court Awareness: Position on the floor that a
player is occupying

Court Vision: seeing at least 2 positions when
having the ball

Shot Selection: lay up or jump shot



Player Movement: learn to move without the
ball to become a receiver

Ball Movement: dribbling or passing

Rightly Divide the Word: court/home/life

Coach Certification

Qualification standards for certification of
coaches is as follows:

1. Attendance at a minimum of 2 featured
coaching workshops
2. Completion of all coaching clinics
3. Have an active coaching assignment
4. Be observed and evaluated while coach-
ing a practice and during a game
5. Have a follow up meeting with the
evaluator for feedback and coaches plan

Certified coaches are invited to enroll other
coaches and are invited to join a Bible study.



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\$250

Includes full instructional pages, schedules,
step-by-step planning for conducting a
sports day camp and/or clinic.

1/2 price for CEF ministry Chapters

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